



Stepping Stones Curriculum Activities

Communication & Interaction	Independence	Physical and Sensory Play	Outdoor	Holistic	Cognition
Good morning and check-in routines Sensory stories and rhymes Intensive interaction Social/ personalised stories Interactive games and songs Story massage/ TAC PAC Attention Autism Switch use/AAC Snack and dinner times Social communication	Transitioning and understanding of daily routines Dressing and undressing Early cooking Personal care and hygiene routines Caring for belongings Eating and drinking Intimate care Community activities Regulatory provision Age-appropriate life skills	Discovery play Cause and effect toys Kinaesthetic play Bikes/trikes and scooters Water play Messy and creative play Fine motor activities Rebound therapy Parachute games Soft play Fine motor activities Tolerating materials and textures Sensory regulation and OT programmes Physiotherapy programmes and adaptive equipment	Playground games and equipment Experiencing seasons & weather Encountering outdoor animals Local walks and community visits Forest school	Healthy eating Sensory integration Sensory circuits Tolerating & experiencing food Hydrotherapy Sensory room Music therapy Sharing achievements with others Developing awareness of celebrations, cultures and traditions	Puzzles and games Problem solving Exploring sounds Early reading and maths Sharing and turn taking games Extending focus, engagement and tolerance of others Construction and building Play-based experiences, developing awareness of how to play with toys appropriately