



NEWTON BRIDGE ACADEMY – PE & SPORT PREMIUM GRANT EXPENDITURE REPORT 2025-26



At Newton Bridge Academy, we use the PE and sport premium to improve the quality, range and accessibility of physical education, sport and physical activity for all pupils.

Every pupil has SEND, with many experiencing complex needs and disabilities that can create barriers to participation. Some pupils also experience wider socio-economic disadvantage. We therefore use the funding to reduce these barriers and provide inclusive, enriching opportunities that support pupils' physical development, confidence, wellbeing and enjoyment while enabling them to experience activities that may otherwise be inaccessible.

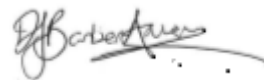
TOTAL GRANT FOR 2025/26	£16,760	
ACTIVITY	FUNDING ALLOCATED	RATIONALE AND IMPACT
Horse riding	£3000	Horse riding provides pupils with an inclusive and enriching physical activity that supports balance, coordination, core strength and spatial awareness. The structured routines and sensory experience help pupils to develop confidence, emotional regulation, communication and positive relationships with adults and animals. Pupils also build independence, resilience and a willingness to try new experiences, including those who may face barriers to accessing conventional sports.
Swimming lessons	£3850	Swimming provides pupils with SEND with an inclusive, low-impact form of physical activity that develops strength, coordination, balance and stamina. Regular lessons build water confidence, independence and essential water-safety skills, while the predictable routines and sensory qualities of the pool can support communication, emotional regulation and self-confidence. Individualised teaching enables pupils to overcome barriers, make progress from their starting points and participate safely in an activity that supports health and wellbeing.
Yoga lessons	£4980	Yoga lessons led by a qualified instructor provide pupils with a safe, inclusive and appropriately adapted form of physical activity. Sessions support flexibility, balance, coordination, core strength and body awareness, while breathing techniques and predictable routines can help pupils to develop emotional regulation, concentration and a sense of calm. The instructor's specialist knowledge ensures that activities are adapted to pupils' individual needs, enabling them to participate successfully, build confidence and develop strategies that support their wider wellbeing.
Rebound Therapy training	£800	Training four staff in Rebound Therapy has increased the school's capacity to deliver safe, specialist sessions tailored to pupils' individual needs. This supports pupils' strength, balance, coordination, communication and emotional regulation, while building staff expertise and ensuring the provision can be sustained across the school.
Aquatic Therapy Pool Rescue Award (Hydrotherapy training)	£750	Hydrotherapy training for six staff has equipped them to deliver aquatic therapy safely and confidently, strengthening emergency response and risk-management practice. This enables pupils with SEND to access therapeutic activity that supports mobility, strength, relaxation and physical wellbeing within a safe, appropriately supervised environment.



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Archery provision	£1480	Improving the archery booth and equipment has created a safe, accessible and unique sporting opportunity for pupils who may face barriers to more conventional activities. Archery supports coordination, core strength, concentration and spatial awareness, while helping pupils to develop confidence, self-control, resilience and a sense of achievement. The enhanced provision enables activities to be adapted to individual needs and provides a sustainable resource for continued participation across the school.
PE and sport equipment	£1900	The purchase of new equipment, including hockey sets, tennis nets and rackets, has improved the quality and range of sporting activities available to pupils. Having suitable, adaptable resources enables staff to offer more varied and inclusive sessions, increase participation and introduce pupils to sports they may not otherwise experience. This supports the development of coordination, teamwork, confidence and enjoyment of physical activity, while providing sustainable equipment for continued use across the school.
TOTAL EXPENDITURE	£16,760	

DECLARATIONS	NAME / ROLE	SIGNATURE	DATE
Declaration 1: I have the authority to submit this return on behalf of my school	Daley Barber-Allen Headteacher		30 th September 2026
Declaration 2: The data is true and accurate to the best of my knowledge	Daley Barber-Allen Headteacher		30 th September 2026