

# Explorers Secondary Curriculum Activities



| Communication & Interaction  | Independence  | Discover   | Nature  | Holistic  | Cognition  |
|--|---|--|---|---|--|
| Total communication<br>Good morning and 1:1 check-in routine<br>Sensory stories and rhymes<br>Intensive interaction<br>Social/ personalised stories<br>Interactive games and songs<br>Story massage/ TAC PAC<br>Attention Autism<br>Switch use/AAC<br>Snack and dinner times | Transitioning and understanding of daily routines<br>Dressing and undressing, choosing clothes<br>Cooking for independence<br>Personal care routines<br>Caring for belongings<br>Eating and drinking<br>Intimate care<br>Public and private<br>Community activities<br>Regulatory provision | Cause and effect<br>Water play<br>Messy and creative<br>Fine motor activities<br>Rebound therapy<br>Social games<br>Kinaesthetic play<br>Fine motor activities<br>Tolerating materials and textures<br>Sensory regulation and OT programmes<br>Physiotherapy programmes and adaptive equipment | Sensory garden<br>Outdoor time<br>Experiencing seasons & weather<br>Gardening<br>Local walks and community visits | Healthy eating<br>Sensory integration<br>Sensory circuits<br>Tolerating & experiencing food<br>Hydrotherapy<br>Sensory exploration<br>Music therapy<br>Sharing achievements with others<br>Yoga | Puzzles and games<br>Problem solving<br>Exploring sounds<br>Early reading and maths<br>Sharing and turn taking games<br>Extending focus, engagement and tolerance of others<br>Treasure baskets<br>Construction and building |

